**Implementation of Physical Education at Westbury Park**

The PE curriculum provides opportunity for fundamental skills to be learnt in EYFS, KS1 progresses to concentrate on agility, balance and co-ordination. The KS2 curriculum builds on agility, balance and co-ordination skills learnt in KS1, applying those skills to game situations and developing sport specific tactics and strategies.

. PE provides active and challenging lessons using a range of sporting activities including: invasions games, net and wall games, striking and fielding games, gymnastics, athletics, dance and swimming.

. PE provides a supportive and safe environment with emphasis on participation and inclusion regardless of sporting ability. Activities are adapted where needed so that the activity is suitable for all children.

. Children participate in 2 hours of fun, quality PE lessons every week covering a sport and skill focus each half term.

. Champions scheme of work is used by the teachers. Teachers are able to adjust and change the lesson plans to meet the needs of their class, but the expectations from the units are covered during the lessons so that progression is achieved across the years.

. The long and medium term plans are available to the teachers and they set out which units will be taught throughout the year and ensure that the National Curriculum targets are met.

. Year 4 swim on a weekly basis for 11 weeks at the beginning of the year and Year 3 swim on a weekly basis for 11 weeks and the end of the year. The children work towards the National Curriculum target of being watersafe and being able to swim 25m by the end of KS2. Hopefully, this will inspire the children to feel confident and when watersport opportunities arise.

. Children are invited to take part in competitive sporting events. Personal best competitions, Festivals run by the local secondary school and SSP, inter house matches, Sports day, inter school competitions and county tournaments are the variety of events that are attended. Children can compete individually or as a team which encourages both physical and mental well being development.

. Year 5 spend a week achieving their bikeability standard which encourages the children to actively get to school and travel around the community.

. Year 6 children can apply for a sport leader role where they organise activities for younger year groups and help run the KS1 school sports day. Their role includes inspiring younger children to participate in sport and act as role models endorsing good sportsmanship and behaviour.

. Children are encouraged to participate in a varied range of extra-curricular activities to increase physical activity. The school provides a mixture of teacher run clubs and external provider clubs. The Sports Co-ordinator also encourages children to access community sports clubs.

. Children are supported to be active at playtimes and lunchtimes and varied equipment is provided so that they can achieve physical activity.